



What is Waterford UPSTART?

An in-home school readiness program that uses technology, supported by parents, to provide children with an individualized reading, math, and science curriculum.

United: Preparing Students Today for A Rewarding Tomorrow





*Waterford.org

Waterford Early MATH & SCIENCE



710 Lessons 5,000+ Activities 300 Hours PreK-2 Instruction

173 Songs

110 Books

50-990 Lexile Range

erford.org

same time, but when they are ready, and Waterford helps make that happen." "All children don't learn things at the the connections go, they get it.

- Pat Matthews, Lead Teacher, California



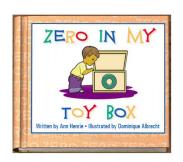
Adaptive Personalized Learning Model







Number Songs

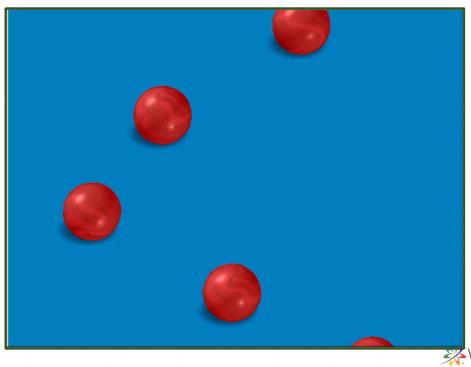




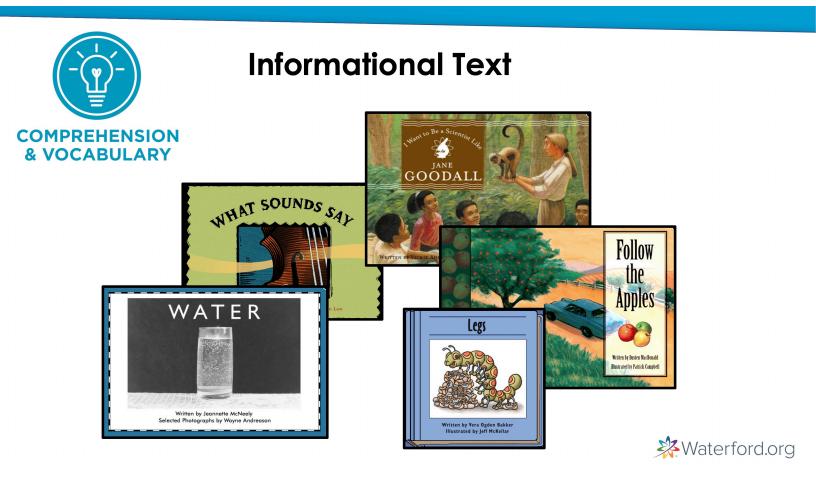




Counting and Number Sense



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Empowering familiesis part of who we are!



Shift toward Family Empowerment

Family Involvement

Family Engagement

Family EMPOWERMENT

Attendance at events is encouraged.

Communication is generally one way.

Attendance at events is encouraged and participation is more active.

Communication begins to be two way.

Cultural Sensitivity is recognized as essential and parental beliefs are investigated.

Co-creating children's success with parents.

Parents are encouraged to use their **agency** to directly impact their child's education.

Parents become **advocates** for their children's needs.



Parental Beliefs

ADVOCACY

My child's learning is partly my responsibility.

AGENCY

I can make a difference for my child.

Hoover-Dempsey, Kathleen V., Joan M. T. Walker, Howard M. Sandler, Darlene Whetsel, Christa L. Green, Andrew S. Wilkinson, and Kristen Closson. "Why Do Parents Become Involved? Research Fidings and Implications." *The Elementary School Journal* Vol. 106, No. 2 (November 2005), pp. 105-130.



Mentor Logic Model

INPUTS

Mentor provides **feedback** on child's learning

Mentor provides opportunities for families to enjoy simple learning and relationshipbuilding activities each week

ACTIVITIES

Parents view Mentor **messages** three times per week

Families
engage in
suggested
activities at
home

OUTPUTS

Parents and children enjoy activities and relationships are strengthened

Parents become more aware of child's learning and the potential of their role in the process

OUTCOMES

Improved academic achievement

Parents become more **engaged** in child's learning

Parents feel less stress and more support as **partners** in their child's progress

IMPACTS

Higher academic achievement long-term

Positive attitudes towards learning

More positive family experiences and better social-emotional skills



Protective Factors for Families

Center for the Study of Social Policy Strengthening Families Framework

- parental resilience
- social connections
- concrete support in times of need
- knowledge of parenting and child development
- social and emotional competence of children
 https://cssp.org/our-work/project/strengthening-families/



Communication:

- Strengths-Based
- Action-Based
- Growth Mindset



Photo by <u>Jason Rosewell</u> on <u>Unsplash</u>



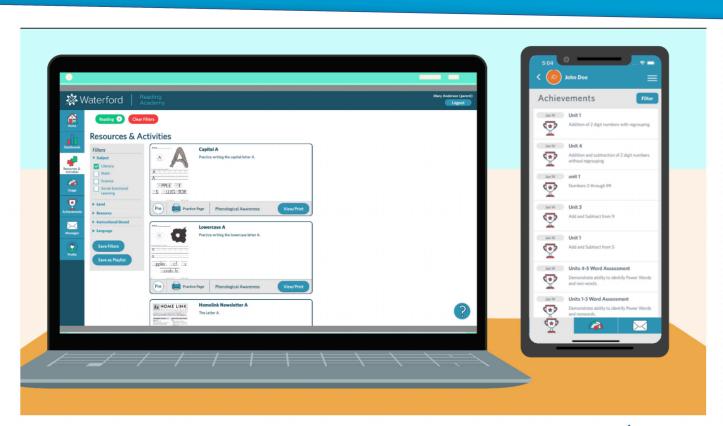
Communication: Potential Barriers

- Readability
- Time
- Resources
- Parental School Experiences

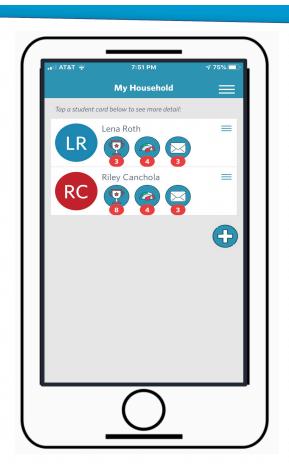


Photo by $\underline{\text{Jason Rosewell}}$ on $\underline{\text{Unsplash}}$



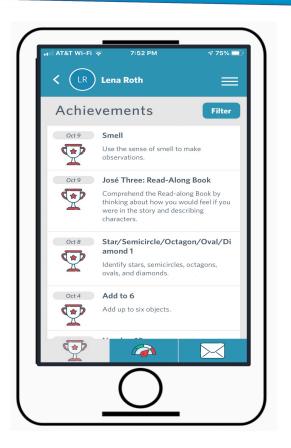






My Household





Achievements















Messages







Nudge Theory

"Texting appears to have the potential to be a powerful, low-cost, technological 'nudge' to support multiple facets of family-school engagement in high-need prekindergarten settings."

- Snell, Hindman, and Wasik (2018)

Emily K. Snell, Annemarie H. Hindman & Barbara A. <u>Wasik</u> (2018): Exploring the use of texting to support family-school engagement in early childhood settings: teacher and family perspectives, Early Child Development and Care, DOI: 10.1080/03004430.2018.1479401





Lena met last week's goal! Celebrate by reading a favorite book today. Remember to ask Lena about what she is learning, and practice these skills away from the computer as well. Check the Usage tab to keep on track for this week too.



Wednesday: RECOMMENDATION

Andrew recently mastered Patterns. Draw PATTERNS using shapes, colors, or letters. Begin a simple pattern such as "A, B, A, B..." For example—circle, square, circle, square... Ask your child, "What comes next?" Make more patterns using different kinds of objects. Be on the lookout for patterns in our world throughout the week!





Friday: **RELATIONSHIPS**

Your child's motivation can have a big impact on their learning. One way you can help your child with self-motivation is by rewarding their efforts rather than just their successes. It is OK to make mistakes. When we try and try again, we learn!

Read The Little Engine That Could with your child to teach them about hard work and optimism.



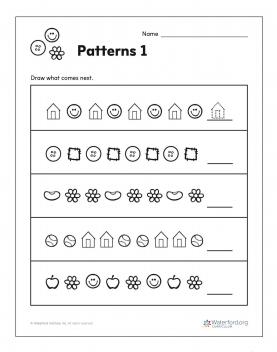
Resources



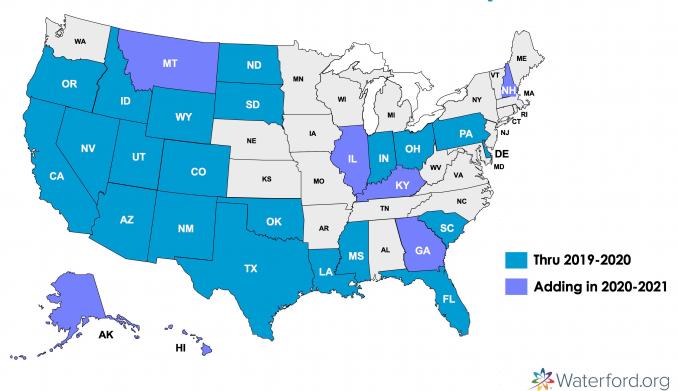


Resources





Where You'll Find UPSTART Participants



https://www.gse.harvard.edu/news/uk/08/05/family-involvement-and-childrens-literacy

https://www.independent.co.uk/news/business/analysis-and-features/nudge-theory-richard-thaler-meaning-explanation-what-is-it-nobel-economics-prize-winner-2017-a7990461.html

https://www.fatherhood.org/fatherhood/5-protective-factors-parental-resilience

<u>Underutilized Potential of Teacher to Parent Communication</u> https://drive.google.com/file/d/14D2GwbkwsCXA79sqnzZ4xbFLF2Aq4jwz/view

<u>Family Involvement and Chldren's Literacy</u> https://drive.google.com/file/d/1RghYU-YOSOo9Fx5ZZpKGDpkEi-d1AjRG/view

<u>Mobile Technology and Family Engagement</u> https://drive.google.com/file/d/1E1sFScSm_DwysvpAAI4pWW-ecgXyvR0B/view

https://sites.temple.edu/emilyksnell/files/2014/04/Snell-Hindman-Wasik-2018.pdf

https://www.nytimes.com/2014/11/15/us/to-help-language-skills-of-children-a-study-finds-text-their-parents-with-tips.html

